

Appendix 1. The 8-Item Morisky Medication Adherence Scale (MMAS-8)

Item 1. Do you sometimes forget to take your Aspirin and/or Plavix pills?

Item 2. People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past 2 weeks, were there any days when you did not take your Aspirin and/or Plavix?

Item 3. Have you ever cut back or stopped taking your medication without telling your doctor, because you felt worse when you took it?

Item 4. When you travel or leave home, do you sometimes forget to bring along your Aspirin and/or Plavix?

Item 5. Did you take your Aspirin and/or Plavix yesterday?

Item 6. When you feel like your antiplatelet is under control, do you sometimes stop taking your medicine?

Item 7. Taking medication every day is a real inconvenience for some people. Do you ever feel hassled about sticking to your antiplatelet treatment plan?

Item 8. How often do you have difficulty remembering to take all your medications?

Never, rarely, sometimes, usually, or all the time